

**Dinner at Rock Creek**

**HOUSE SOUPS**

Carrot,  
Ginger

Fish  
Chowder

**BREADS**

Croissant

Fresh Baked  
Bread

**HOUSE DRESSINGS**

Ranch  
Honey Mustard  
Balsamic  
Caesar  
French  
1000 Islands

**SALAD**

**Featured Salad:**

Wild Rice, Cranberry Salad

**SANDWICHES**

**Chicken Salad on Croissant**  
3oz Buttery Croissant, Fresh  
Roasted Chicken, Diced  
Celery, Mayo

**Tuna Salad**  
Wheat Bread, Albacore  
Tuna, Celery, Red Onion

**Grilled Cheese**  
White Bread, American  
cheese

**Salad Bar**

Cottage  
Cheese  
Seasonal Cut  
Fruit  
Fresh Romaine  
Sliced  
Mushrooms  
Cherry  
Tomatoes  
Cucumbers

**LOCAL INGREDIENTS**

Ingleside takes pride in partnering with our produce purveyor in supplying our recipes with honest, local, fresh ingredients on a seasonal basis

**MADE FRESH**

All items on the menu are prepared in house with only the finest ingredients.

**Thursday March 7, 2019**

**Parmesan Tilapia, Lemon Caper Sauce**

Oven Baked Tilapia, Parmesan,  
Lemon Caper Sauce

**Action Station**

Greek Pasta, Gyro Beef, Lamb,  
Chicken, Orzo, Feta, Pita

**Baked Salmon**

Farm Fresh Baked Salmon

**Carved, Roasted Goose, Winterberry Sauce**

Oven Roasted Duck  
Breast

**Bistro Chicken**

Marinated Grilled chicken  
Breast

**Vegetarian**

Butternut Squash Risotto

**Accompaniments**

Whipped Sweet Potatoes  
Grilled Asparagus  
Ratatouile

Mashed Potato  
Brown Rice  
Green Beans

**DESSERT**

Ice Cream

Vanilla

Moose tracks  
Capuccino  
Crunch  
Mint  
Chocolotate  
Chip

Salty Caramel

Butter Pecan

Frozen Yogurt

Peach

Chocolate

Raspberry  
Sorbet

Lemon Sorbet

Dessert

Assorted Desserts

Apple Pie

Baked Cookies